

MILPITAS STAR AQUATICS & FITNESS

NEWSLETTER

June 2024

REMINDERS

Make sure to check in at front desk before coming into swim class so that we can keep track of your attendance!

RECEIVE

15% OFF

LOOKING FOR A FAST TRACK?

Is your child enjoying swim lessons? Enroll your child in private or semi-private lessons for faster progress, guided by personalized coaching!

New Private/Semi-private lesson sign-ups receive 15% off!

Spotlight Level

DOLPHIN

Dolphin is the 6th Level in our swim curriculum! In order to pass this level, swimmers need to achieve the following swim techniques with proper form:

- Freestyle
- Dolphin kick
- Backstroke
- Breast stroke kick

Tip: Keep knees straight while kicking on your back.

SUMMERCAMP 2024!!

Practice Practice Practice! Consistency is key in retaining swim skills. Summer is almost on the way! Summer camp is a great program to help your child progress their swim techniques faster while cooling off from the heat!

Summer Camp will run from June 10th - August 9th. Summer sessions run weekly, 5 classes per session. Classes are held from Monday thru Friday.

STUDENT OF THE MONTH

Nivaan Damaniya



Nivaan is such a pleasure to teach! He always shows up to swim class excited and prepared to learn.

Ira Gupta



Ira is such a pleasure to teach! Her uplifting personality helps create a cheerful atmosphere for swim class!

EMPLOYEE OF THE MONTH

Jacob Villa



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Jacob is one of our most responsible employees! He's always prepared to teach his students with a smile!