MILPITAS STAR AQUATICS & FITNESS April 2024

LOOKING FOR A FAST TRACK?

Is your child enjoying swim lessons? Enroll your child in private or semiprivate lessons for faster progress, guided by personalized coaching!

Spotlight Level SEAHORSE

Seahorse is the 2nd Level in our swim curriculum! In order to pass this level, swimmers need to achieve the following swim techniques with proper form:

- Swim across the pool, without touching the floor
- Float on their back without assistance

SUMMERCAMP 2024

Practice Practice Practice! Consistency is key in retaining swim skills. Summer is almost on the way! Summer camp is a great program to help your child progress their swim techniques faster while cooling off from the heat!

Summer Camp will run from June 10th - August 9th. Summer sessions run weekly, 5 classes per session. Classes are held from Monday thru Friday. Register before 4/30/2024 and save \$40!



COACH GUIDES TEAM TO WORLD-CHAMPIONSH

Congratulations to our co-founder and head coach, Abi Liu, for leading team USA winning the team title at the World Championships in Doha, Qatar!

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Landon Dac

Landon is such an outstanding student! He always comes to class prepared and ready to learn new swim techniques.



Asmi is such a pleasure to teach! Her uplifting personality helps create a cheerful atmosphere for swim class!.

FOLLOW US ON **INSTAGRAM!** MSTA_SWIM

Jennifer is one of our most dedicated front desk attendants! She always provides the best customer service for our clients!