## **MILPITAS STAR AQUATICS & FITNESS** April 2024

## **LOOKING FOR A** FAST TRACK?

Is your child enjoying swim lessons? Enroll your child in private or semiprivate lessons for faster progress, guided by personalized coaching!

# Spotlight Level SEAHORSE

Seahorse is the 2nd Level in our swim curriculum! In order to pass this level, swimmers need to achieve the following swim techniques with proper form:

- Swim across the pool, without touching the floor
- Float on their back without assistance

## SUMMERCAMP 2024

Practice Practice Practice! Consistency is key in retaining swim skills. Summer is almost on the way! Summer camp is a great program to help your child progress their swim techniques faster while cooling off from the heat!

Summer Camp will run from June 10th - August 9th. Summer sessions run weekly, 5 classes per session. Classes are held from Monday thru Friday. Register before 4/30/2024 and save \$40!



### **COACH GUIDES TEAM TO** WORLD-CHAMPIONSH

Congratulations to our co-founder and head coach, Abi Liu, for leading team USA winning the team title at the World Championships in Doha, Qatar!

#### **EMPLOYEE OF** UDENT OF THE MONTH THE MONTH



Landon Dac

Landon is such an outstanding student! He always comes to class prepared and ready to learn new swim techniques.



Asmi is such a pleasure to teach! Her uplifting personality helps create a cheerful atmosphere for swim class!.

FOLLOW US ON **INSTAGRAM!** MSTA\_SWIM

Jennifer is one of our most dedicated front desk attendants! She always provides the best customer service for our clients!