MILPITAS STAR AQUATICS & FINESS

NEWSLETTER

Tune 2023

REMINDERS

Make sure to check in at front desk before coming into swim class so that we can keep track of your attendance!

JULY 4TH - CLOSED

MSTA will be closed on July 4th (Tue) - Independence Day!

Spotlight: Level

STINGRAY

Stingray is the 5th Level in our swim curriculum! In order to pass

this level, swimmers need to achieve the following swim techniques with proper form:

- Freestyle
- Backstroke

TIPS: Practice kicking with straight legs (no bent knees).

SUMMER CAMP 2023!

Practice Practice Practice! Consistency is key in retaining swim skills. With summer in full swing, Summer camp is a great program to help your child progress their swim techniques faster while cooling off from the heat!

SUMMER CAMP DATES!

Summer Camp will run from June 5th - August 4th. Summer sessions run weekly, 5 classes per session. Classes are held from Monday thru Friday.

CAMP 4: CAMP 5: CAMP 6:

6/26-6/30 7/3-7/7 7/10-7/14

CAMP 7: CAMP 8: CAMP 9: 7/17-7/21 7/24-7/28 7/31-8/4

STUDENT OF THE MONTH

Aiden Yang



Aiden is a hardworking student!

He's always engaged in swim class.

utilizing the advice given to him to

achieve proper swim form. What a

role model!

Ava Yang



Ava is such an outstanding student! She always comes to class prepared to learn as much she can to perfect her swim techniques!

EMPLOYEE OF THE MONTH

Jamie To



follow us on Instagram! @msta_swim



Jamie is one of our best to employees! His uplifting personality helps create a motivating and cheerful atmosphere for swim class.