

NEWSLETTER

May 2023

REMINDERS!

Make sure to check in at front desk before coming into swim class! This is so we can keep track of your attendance!

SUMMER CAMP 2023!

Summer Camp will run from June 5th - August 4th. Summer sessions run weekly, 5 classes per session. Classes are held from Monday thru Friday.

Spotlight Level STARFISH

Starfish is the 1st Level in our swim curriculum! In order to pass this level, swimmers need to achieve the following swim techniques with proper form:

- Swim to the rope and back without assistance
- Float on their back with assistance

SF ~ SH	Level Starfish	Level Seahorse	GF ~ KW	Level Goldfish	Level Sea Lion	Level Stingray	Level Dolphin	Level Marlin	Level Shark	Level Killer Whale
<input type="checkbox"/> 10:00 - 10:30	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> 10:00 - 10:40	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 10:30 - 11:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> 10:40 - 11:20	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Camps	Monday to Friday	Group \$	30 & 40 mins - Semi \$	30 & 40 mins - Private \$
Camp 1	6/5 - 6/9	175	245 / 310	460 / 580
Camp 2	6/12 - 6/16	175	245 / 310	460 / 580
Camp 3	6/19 - 6/23	175	245 / 310	460 / 580
Camp 4	6/26 - 6/30	175	245 / 310	460 / 580
Camp 5	7/3 - 7/7	140	196 / 248	368 / 464
Camp 6	7/10 - 7/14	175	245 / 310	460 / 580
Camp 7	7/17 - 7/21	175	245 / 310	460 / 580
Camp 8	7/24 - 7/28	175	245 / 310	460 / 580
Camp 9	7/31 - 8/4	175	245 / 310	460 / 580

** \$40 Registry Fee applied for Summer Camps Program of ALL students.
Early bird promotion - If you sign up before 4/15/23 - Registry Fee will be \$0 !!!

STUDENT OF THE MONTH

Saatvik Aryasomayajula Diya Panchkuvawala



Saatvik is such a pleasure to teach! His uplifting personality helps create a motivating and cheerful atmosphere for swim class.



Diya is such a hardworking swimmer! She always utilizes the advice she receives to perfect her swim techniques effectively! She is such a role model!

EMPLOYEE OF THE MONTH

Shweta Raghuraman



Shweta is one of our most responsible employees! She's always prepared to effectively teach her students!

FOLLOW US ON INSTAGRAM!
@MSTA_SWIM

