

NEWSLETTER

April 2023

REMINDERS!

Make sure to check in at front desk before coming into swim class! This is so we can keep track of your attendance!

SUMMER CAMP 2023!

Summer Camp will run from June 5th - August 4th. Summer sessions run weekly, 5 classes per session. Classes are held from Monday thru Friday. **SAVE \$40** by registering **BEFORE 4/15/2023!**

Spotlight Level SEAHORSE

Seahorse is the 2nd Level in our swim curriculum! In order to pass this level, swimmers need to achieve the following swim techniques with proper form:

- Swim across the pool, without touching the floor
- Float on their back without assistance

SF - SH	Level Starfish	Level Seahorse	GF - KW	Level Goldfish	Level Sea Lion	Level Stingray	Level Dolphin	Level Marlin	Level Shark	Level Killer Whale
<input type="checkbox"/> 10:00 - 10:30	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> 10:00 - 10:40	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> 10:30 - 11:00			<input type="checkbox"/> 10:40 - 11:20							
<input type="checkbox"/> 11:00 - 11:30			<input type="checkbox"/> 11:20 - 12:00							
<input type="checkbox"/> 11:30 - 12:00			<input type="checkbox"/> 12:00 - 12:40							
<input type="checkbox"/> 12:00-12:30			GF - KW							
SF - SH			<input type="checkbox"/> 4:00 - 4:40							
<input type="checkbox"/> 4:00 - 4:30			<input type="checkbox"/> 4:40 - 5:20							
<input type="checkbox"/> 4:30 - 5:00			<input type="checkbox"/> 5:20 - 6:00							
<input type="checkbox"/> 5:00 - 5:30			<input type="checkbox"/> 6:10 - 6:50							
<input type="checkbox"/> 6:10 - 6:40			<input type="checkbox"/> 6:50 - 7:30							
<input type="checkbox"/> 6:40 - 7:10										
<input type="checkbox"/> 7:10 - 7:40										

Camps	Monday to Friday	Group \$	30 & 40 mins - Semi \$	30 & 40 mins - Private \$
Camp 1	6/5 - 6/9	175	245 / 310	460 / 580
Camp 2	6/12 - 6/16	175	245 / 310	460 / 580
Camp 3	6/19 - 6/23	175	245 / 310	460 / 580
Camp 4	6/26 - 6/30	175	245 / 310	460 / 580
Camp 5	7/3 - 7/7	140	196 / 248	368 / 464
Camp 6	7/10 - 7/14	175	245 / 310	460 / 580
Camp 7	7/17 - 7/21	175	245 / 310	460 / 580
Camp 8	7/24 - 7/28	175	245 / 310	460 / 580
Camp 9	7/31 - 8/4	175	245 / 310	460 / 580

** \$40 Registry Fee applied for Summer Camps Program of ALL students.
Early bird promotion - If you sign up before 4/15/23 - Registry Fee will be \$0 !!!

STUDENT OF THE MONTH

Jihoon Moon



Jihoon is such a pleasure to teach! He always makes class brighter with his uplifting personality and sense of responsibility.

Audrey Shen



Audrey is such a hardworking student! She listens and applies feedback from her instructor to achieve perfection in every stroke she does!

EMPLOYEE OF THE MONTH

Toan Tran



Toan Tran is one of our most dedicated employees! He's always determined to provide the best service he can!

FOLLOW US ON INSTAGRAM!
@MSTA_SWIM

