

Milpitas Star Aquatics & Fitness

Operation Hours

	Monday	Tuesday	Wednesday - Friday	Saturday	Sunday
Open Pool for Aqua Members	POOL CLOSED	7 am to 12:45 pm		7 am to 9:45 am	
	POOL CLOSED		8 pm to 9:30 pm	POOL CLOSED	

Gym Facility Hours	7 am to 8 pm	7 am to 10 pm	7 am to 4 pm	7 am to 1:30 pm
Steam / Sauna Rm	CLOSED at 7:30pm	CLOSED at 9:30pm	CLOSED at 3:30pm	CLOSED at 1pm

Age Restriction

Children under the age of 18 years old are not permitted to use the pools without being accompanied by an adult member that is at least 18 years old. Children under the age of 14 years old are not permitted to use the gym.

Children between the age of 14 and 18 must be accompanied by an adult member that is at least 18 years old.

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