



## MSTAF - Operation Hours / Facility Rules & Regulations

### Facility Regulations

No exceptions. Rinse before swimming. Swim Cap is required.

No personal belongings on the pool deck.

Please use lockers in locker rooms.

All swim equipment is NOT allowed to be used.

Showers are CLOSED in 15 minutes before our closing times.

Please be showered and out of the facility by closing times.

### Pool Hours :

Morning Session	Evening Session
Tue : 7am -12:45pm	----POOL CLOSED----
Wed – Fri : 7am -12:45pm	8pm - 9:30pm
Sat – Sun : 7am - 9:45am	----POOL CLOSED----

### Gym Hours :

Morning Session	Evening Session
Mon : 7am - 1pm	5pm - 8pm
Tue : 7am – 1pm	4pm – 8pm
Wed – Fri : 7am - 1pm	3:20pm - 10pm
Saturday : 7am - 4pm	----CLOSED----
Sunday : 7am – 1:30pm	----CLOSED----

■ Terms & Conditions apply