



## MSTAF - Operation Hours / Facility Rules & Regulations

### Facility Regulations

No exceptions. Rinse before swimming.

No personal belongings on the pool deck.

Please use lockers in locker rooms.

All swim equipment is NOT allowed to be used.

Showers are CLOSED in 15 minutes before our closing times.

Please be showered and out of the facility by closing times.

### Pool Hours : Morning & Evening

|           |                  |                 |
|-----------|------------------|-----------------|
| Tue       | : 7am to 12:45pm | ----NO POOL---- |
| Wed – Fri | : 7am to 12:45pm | 8pm to 9:30pm   |
| Sat – Sun | : 7am to 9:45am  | ----NO POOL---- |

### Gym Hours : Morning & Evening

|           |              |                |
|-----------|--------------|----------------|
| Mon – Tue | : 7am to 1pm | 5pm to 8pm     |
| Wed – Fri | : 7am to 1pm | 3:30pm to 10pm |
| Saturday  | : 7am to 4pm | ----CLOSED---- |
| Sunday    | : 7am to 1pm | ----CLOSED---- |